

2026 Under Armour Eastside 10K: PHS Community Services Fundraiser



Why We Run:

Funds raised will support our **Food Program**, which prepares and delivers **over 3,900 meals every day**, including the preparation of **more than 2,000 hot meals** to supportive housing/shelter residents and program participants in Vancouver.

PHS is a registered charity providing truly accessible **low-barrier supportive housing, shelter, harm reduction, health care, and community supports** for thousands of extremely marginalized people every day in **Vancouver and Victoria**.



Run. Walk. Fundraise. Support PHS.

Every year, **PHS Community Services Society (PHS)** proudly takes part in the **Under Armour Eastside 10K**, a community run, jog, or walk through Vancouver's historic Eastside neighbourhoods.

The 2026 event takes place on **Sunday, Sept. 27**. Join **Team PHS** as a runner or walker, or company team—or support our participants by donating to help us reach our **\$30,000 fundraising goal** to help support our crucial **Food Program**.

Virtual 10K runs can be complete between September 1 – 30, 2026.

Register today and use promo code **26PHS** to receive **10% off registration**.

Please note: Registration fees are not donated to PHS. Support comes from optional donations by runners and their supporters to PHS. Please help PHS with a donation today!

Get Involved

Scan the QR code to join Team PHS or donate today!

Learn more: www.phs.ca/community-events

Event details: www.canadarunningseries.com/vancouver-eastside-10k

Contact: kelly.nichol@phs.ca T: 778-580-5472

